- 1. Use a #3 ball and we inflate it about 85-90%.
- 2. Preferably 6 vs 6. There will be a goalie.
- 3. We will play 7 minute "running clock" quarters. Coaches are free to substitute players at any time to make sure playing time is equal.
- 4. All free kicks will be indirect (a second player must touch the ball before a goal can be scored)
- 5. No score will be kept.
- 6. There are no offsides calls. Officials are responsible for out of bounds calls.
- 7. No sliding. We would like the children to remain on their feet.
- 8. Goal kicks will happen for the corner of the box. Corner kicks will be taken from the flags when the defense last touched the ball and the ball crosses the endline.
- 9. Players should play all positions. With equal playing time for all participants. Try to keep at least 2 players back on defense to help spread out players. Coaches may use whatever formation they choose.
- 10. One coach from each team will be allowed on the field.
- 11. No Jewelry, watches and anything else the refs proclaim unsafe will be allowed.
- 12. When a goalie has control of the ball, the defense must retreat to the midfield line. The defense cannot cross the midfield until the other team touches the ball or the ball crosses midfield.
- 13. Plastic cleats or tennis shoes are appropriate for play. Shin guards are mandatory
- 14. Lastly, please do your best to keep both teams happy. We will not provide a scoreboard, but the children will sometimes understand/realize when their team is getting beaten. The goal of this program is to learn soccer, but more importantly try to make as many kids as possible enjoy this great game and hopefully at the end of the activity we have put smiles on as many kids faces as possible regardless of which team they are on.