

2023 Hampshire Township Park District Youth Soccer
Rules “Quick Sheet”

RULE	U4	U6	1st & 2nd Grade/ U8	3rd & 4th Grade/ U10	5th & 6th Grade/ U12	7th & 8th Grade/ U14
Length of Game	(4) 5-minute Quarters	(4) 7- minute Quarters	(4) 9- minute Quarters	(2) 25 minute Halves	(2) 30 minute Halves	(2) 35 minute Halves
Ball Size	#3	#3	#3	#4	#4	#5
# of Players inc. Goalie	5 vs. 5 (no goalies)	6 vs. 6 (includes goalie)	7 vs. 7 (includes goalie)	7 vs. 7 (includes goalie)	9 vs. 9 (includes goalie)	11 vs. 11 (includes goalie)
Offsides	No	No	No– However Intentional Offsides will not be tolerated	Yes – NFHS Rules Apply	Yes – NFHS Rules Apply	Yes – NFHS Rules Apply
Penalty Kicks	NO	NO - Indirect kick To be awarded at point of foul	NO – Indirect kick To be awarded at point of foul	YES – At the Referees discretion	YES – At the Referees discretion	YES – At the Referees discretion
Fouls	Coaches act as referees – call infractions and explain.	Call all infractions And explain. Only Indirect kicks awarded	Call all infractions And explain. Only Indirect kicks awarded	Yes – NFHS Rules Apply	Yes – NFHS Rules Apply	Yes – NFHS Rules Apply
Throw-Ins	No- Have players kick the ball back in.	Yes – Re-try if Not done correctly	Yes – Re-try if Not done correctly	Yes- Call infractions	Yes- Call infractions	Yes- Call infractions
Goal Kicks	Corner of Penalty box	Corner of Penalty box	Corner of Penalty box	Corner of Penalty box	On top or With-in goalie box	On top or With-in goalie box
Corner Kicks	Corner Flag	Corner Flag	Corner Flag	Corner Flag	Corner Flag	Corner Flag
Substitutions	Anytime-Coach’s discretion	Anytime-Coach’s discretion	Anytime- Coach’s discretion	Any dead ball situation, except fouls – Must notify referee	Any dead ball situation, except fouls – Must notify referee	Any dead ball situation, except fouls – Must notify referee
Keeper Rules	N/A: No goalies in U4	After a save keeper may kick or throw ball from top of penalty box. No punting is allowed.	After a save keeper may throw/roll ball from top of penalty box. No punting is allowed.	After a save keeper may throw/roll ball from top of penalty box. No punting is allowed.	Keeper has 6 seconds to release the ball, after a save. Pass back rule applies	Keeper has 6 seconds to release the ball, after a save. Pass back rule applies
Build Out Line	Not in effect	Yes After ball is put in play, & touched by a teammate or the ball crosses mid field opposing team can cross line and play resumes as normal	Yes After ball is put in play, & touched by a teammate or the ball crosses mid field opposing team can cross line and play resumes as normal	Yes After ball is put in play, & touched by a teammate or the ball crosses the build-out line opposing team can cross line and play resumes as normal	No	No