



Little People Playtime Menu

SUBSTITUTIONS WILL BE MADE SHOULD AN ITEM(S) NOT BE AVAILABLE.

** Seasonal Fruit will be served when available, Daily for lunch

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------|--|---|---|---|--|
| 01/03-01/07 | AM SNACK: () ORANGES | AM SNACK: () YOGURT | AM SNACK: () FRUIT GRAIN BARS | AM SNACK: () GOLD FISH | AM SNACK: () RICE CRISPS |
| | * LUNCH: ** () FILETS OF FISH, FRIES, GREEN BEANS W/ CORN , & FRUIT | * LUNCH: ** () SUB SANDWICHES W/ HAM & TURKEY, VEGGIES & CHIPS , PEACHES | * LUNCH: ** () TACOS W/ VEGGIES & CHIPS W/ GUACAMOLE & RICE, FRUIT | * LUNCH: ** () UNSTUFFED PEPPERS W/ VEGGIES & TURKEY & FRUIT | * LUNCH: ** () PASTA W/EAT SAUCE & VEGGIES, FRUIT |
| | PM SNACK: * () CHEESE & CRACKERS W/ FRUIT | PM SNACK: * () PRETZELS W/ CREAM CHEESE | PM SNACK: * () MUFFINS | PM SNACK: * () SURPRISE | PM SNACK: * () ANIMAL CRACKERS |
| 01/10-01/14 | AM SNACK: () GRANOLA BARS | AM SNACK: () YOGURT | AM SNACK: () Carrots Sticks | AM SNACK: () FRUIT GRAIN BARS | AM SNACK: () VEGGIE STRAWS |
| | * LUNCH: ** () CHICKEN NUGGETS W/FRIES. PEAS & APPLE SAUCE | * LUNCH: ** () GARLIC PIZZA BREAD, FRUIT CUP & Cucumbers w/ ranch | * LUNCH: ** () Chicken Soup w/ Veggies & Fruit | * LUNCH: ** () PASTA ALFREDO W/ VEGGIES & FRUIT | * LUNCH: ** () Grilled Cheese w/ Chips & Salad w/ Veggies Fruit |
| | PM SNACK: * () GOLD FISH | PM SNACK: * () ANIMAL CRACKERS | PM SNACK: * () PUDDING CUPS | PM SNACK: * () SHORTBREAD SNACK | PM SNACK: * () SURPRISE |
| 01/17-01/21 | AM SNACK: () YOGURT | AM SNACK: () CUTIES | AM SNACK: () Veggie Straws | AM SNACK: () CARROT STICKS | AM SNACK: () NILLA WAFERS/ ANIMAL CRACKERS |
| | * LUNCH: ** () FILETS OF FISH, FRIES, GREEN BEANS W/ CORN , & FRUIT | * LUNCH: ** () STEAMED RICE W/ VEGGIES & FRUIT | * LUNCH: ** () QUESEDILLAS W/ CHIPS, FRUIT & VEGGIES | * LUNCH: ** () CHEESE RAVIOLI W/ VEGGIE SAUCE , FRUIT | * LUNCH: ** () MAC & CHEESE W/ VEGGIES & FRUIT |
| | PM SNACK: * () MUFFINS | PM SNACK: * () Pudding Cups | PM SNACK: * () Animal Crackers | PM SNACK: * () CUBED CHEESE & CRACKERS W/ FRUIT | PM SNACK: * () SURPRISE |
| 01/24-01/28 | AM SNACK: () FRUIT | AM SNACK: () YOGURT | AM SNACK: () GRAHAM CRACKERS | AM SNACK: () STRING CHEESE | AM SNACK: () ORANGE SLICES |
| | * LUNCH: CHICKEN NUGGETS W/FRIES. PEAS & APPLE SAUCE | * LUNCH: Chicken Soup w/ Veggies & Fruit | * LUNCH: HOT DOGS W/ CHIPS, Cucumbers & ORANGES | * LUNCH: CHILI MAC W/ VEGGIES & FRUIT | * LUNCH: SLOPPY TURKEY JOES W/ TATER TOTS, APPLES & GREEN BEANS |
| | PM SNACK: * Nilla Wafers | PM SNACK: * GOLDFISH | PM SNACK: * ^ Blueberry MUFFINS ROLLS | PM SNACK: * FRUIT | PM SNACK: * PUDDING CUPS |



() = SUBSTITUTION FOR AGE APPROPRIATE CHILDREN

*** MILK IS SERVED WITH LUNCH & PM SNACKS**

Together... Let's Try New Foods!

Children are encouraged to try all foods served

^Homemade treats made in our Kitchen will be served ,upon availability
Children are encouraged to serve themselves in a family style manner ,this teaches social & caring skills



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