



The 27th Annual Coon Creek Classic

**Sunday, August 1, 2010
2K and 10K Race**

10K Race starts at 8:00am
2K Race starts at 8:05am

The race will go on regardless of weather conditions or community festival.

Entry Fee

All mail in registrations must be received by Friday, July 30, 2010

Hampshire resident: \$15

Non-resident: \$18

\$3.00 discount for CARA members

Late Registration

\$25 for Hampshire residents and non-residents

On race day, August 1, at the Hampshire Middle School registration will be open from 7:00am to 7:45am. No entries will be accepted after 7:45am

Confirmation

Please send a self addressed, stamped envelope if you wish to confirm your entry

Race Bags

Entry fee includes a T-shirt and race bag.

Race bags will be available starting Monday, July 26 at the Hampshire Township Park District, 390 South Avenue, Hampshire or pick up the day of the race.

Awards

AN AWARD CEREMONY WILL BE HELD IMMEDIATELY FOLLOWING THE RACE.

Medals will be given to the top 3 males and 3 females finishers in each age division (10K & 2K).

Plaques (10K only) to the top male and top female overall finishers and the top male and female finishers who reside in Hampshire.

Ribbons will be given to all Coon Creek Classic participants. Please find them in your race bags.

NO DUPLICATE AWARDS WILL BE PRESENTED.

Divisions

Female and Male: 7U, 8-12, 13-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

Evaluations

Please help us improve our race. Stop by and pick up an evaluation form and fill it out. Evaluations are also available for you to fill out online and view the results at www.cararuns.org.

NEW! The Coon Creek Classic is apart of the Fox River Trail Runners Club Circuit

go to www.foxrivertrailrunners.org for more information

Location

**Race begins and ends at the Hampshire Middle School,
560 S. State Street, Hampshire, IL 60140**

Directions

Hampshire is located on Illinois Route 72, approximately 15 miles west of Elgin. From the West on I-90, follow the signs at Hampshire-Marengo Exit from I-90. Coming from East on I-90, take Illinois 47 Exit and turn left (South). Go South on 47. Turn right (West) on Illinois route 72 and go approximately four miles to State Street. Turn right onto State Street and turn left on Edgewood Ave., the school entrance will be on your left.

Strollers, bikes, skates, and dogs are not permitted in the races.

Splits called every mile. Aid and water stations will be available during the race.

Instant computerized results will NOT be mailed. Please pick up your results tickets at the end of the finishing gate

Course Records

2K- Male – 6:14 Jon Pollack 2000
Female – 7:28 Ann Stahl 1988
10K- Male – 32:00.1 Doug Jones 1990
Female – 37:32.8 Gloria Kuiken 1991

Hampshire Resident Records

2K- Male – 6:22 Chris Podjorski 1999
Female – 8:41 Hilary Bahe 1993
10K- Male – 35:46 Eric Bahe 1989
Female – 44:52 Linda Stoxen 1992



This race has applied for and received the Chicago Area Runners Association designation as a CARA CERTIFIED RACE. This race has agreed to adhere to and uphold CARA's Best Practices Guidelines. These Guidelines embody the highest standards for quality, safety and comfort for participants in a road race.

Due to CARA's advocacy efforts, runners in the Chicagoland area enjoy some of the highest quality road races in the country. To view the Guidelines and to learn more about CARA, visit www.cararuns.org.

The Chicago Area Runners Association (CARA) is a non-profit organization devoted to expanding, motivating, supporting and celebrating the running community of Chicagoland. CARA connects runners to resources that enable them to run – further, faster, better, for life.

USATF Certified #IL-02092-JW

Please fill out entry form on back

Drop off Race Entry Forms at the Hampshire Township Park District Office at 390 South Ave., Hampshire or mail to Hampshire Township Park District, PO Box 953, Hampshire, IL 60140

Call the park office at 847.683.2690 with questions regarding the race. Visit our website: www.hampshireparkdistrict.org

Coon Creek Classic Entry Form

(Read entry form before completing - print clearly)

Warning of Risk

Running and power walking are intended to challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including death. Understandably, not all hazards and dangers can be foreseen. The very nature of road racing is hazardous and risky, including but not limited to overexertion, dehydration, slip and falls, collisions with other participants, the effects of weather, dangerous conditions of the road, being struck by a vehicle or bicycle, lack of good physical conditioning, poor training technique, and all other circumstances inherent in running/walking events. In this regard, it must be recognized that it is impossible for the Hampshire Township Park District to guarantee absolute safety.

Waiver and Release of all claims

In consideration for participation in this event, I agree to assume the full risk of any and all injuries, damages, or loss which I or my minor child might sustain as a result of participating in this event, including pre and post race activities. I hereby agree to waive and relinquish any and all claims I or my minor may have as a result of participation in this event against the Hampshire Township Park District, Chicago Area Runners Association, Village of Hampshire, Township of Hampshire, County of Kane, and their respective officials, employees, agents, and volunteers (collectively referred to as "releases"). I further fully release and discharge Releases from any and all claims from injuries, damage, or loss which I or my minor child may have or which may accrue to me or my minor child on account of participation in this event, including pre and post race activities. I also give my permission for the free use of my and or my minor child's name and or picture in any broadcast, telecast or other accounts of this event. I further attest and certify that my minor child or I are physically fit and have sufficiently trained for completion in this event. I understand that the 10K course must be completed in no more than 1 hour and 30 minutes from start of the race.

Signature (Parent or Guardian's Signature if under 18)

(Date)

Please Print the Following Information

Name _____

Address _____ City _____

State _____ Zip _____ Phone Number (_____) _____

Race Entered (Circle one only): 2K 10K

Sex (Please Circle) M F

Residents of Hampshire ____ Yes ____ No

Age on Race Day _____

Circle Desired T-Shirt Size

Birth Date: mm ____ / dd ____ / yyyy _____

YM YL AS AM AL AXL AXXL

CARA membership # _____

email address _____

Do you have any need for special accommodations for this event? If yes, please explain:

Mail Payment	Please do not send cash	CHECK # _____
PO Box 953 Hampshire, IL 60140	____ MASTERCARD ____ VISA	
	Card # _____ / _____ / _____	
	Exp. Date ____ / ____ V-code ____ / ____ / ____	Amount of Charge _____
	Cardholders Name _____	
	Authorized Signature _____	